

## Monday

1

## Tuesday

2

## Wednesday

3

## Thursday

4

## Friday

5

Vanilla Concha  
Orange (1/2 C)  
Pear (1/2 C)  
1% Low Fat White  
Fat Free White Milk

Frosted Flakes Cereal w/  
Honey Grahams  
Yogurt w/ Honey  
Grahams  
100% Fruit Juice 4 oz  
Apple (1/2 C)  
1% Low Fat White  
Fat Free White Milk

Vanilla Muffin  
Egg & Cheese English  
Muffin Sandwich  
Banana (1/2 C)  
Pear (1/2 C)  
1% Low Fat White  
Fat Free White Milk

Cinnamon Chex Cereal w/  
Honey Grahams  
Conchita w/ String  
Cheese  
Pear (1/2 C)  
Apple (1/2 C)  
1% Low Fat White  
Fat Free White Milk

8

Cheerios Cereal w/ Honey  
Grahams  
Cinnamon Crumble  
Orange (1/2 C)  
Apple (1/2 C)  
1% Low Fat White  
Fat Free White Milk

9

Vanilla Concha  
Breakfast Burrito  
Orange (1/2 C)  
Pear (1/2 C)  
1% Low Fat White  
Fat Free White Milk

10

Frosted Flakes Cereal w/  
Honey Grahams  
Banana Bread  
100% Fruit Juice 4 oz  
Apple (1/2 C)  
1% Low Fat White  
Fat Free White Milk

11

Blueberry Muffin  
Waffle w/ Syrup  
Banana (1/2 C)  
Pear (1/2 C)  
1% Low Fat White  
Fat Free White Milk

12

Cinnamon Chex Cereal w/  
Honey Grahams  
Cranberry Oatmeal  
Round  
Pear (1/2 C)  
Apple (1/2 C)  
1% Low Fat White  
Fat Free White Milk

15

Cheerios Cereal w/ Honey  
Grahams  
Mantecada Sweet Bread  
Orange (1/2 C)  
Apple (1/2 C)  
1% Low Fat White  
Fat Free White Milk

16

Vanilla Concha  
Orange (1/2 C)  
Pear (1/2 C)  
1% Low Fat White  
Fat Free White Milk

17

Frosted Flakes Cereal w/  
Honey Grahams  
Cinnamon Roll  
100% Fruit Juice 4 oz  
Apple (1/2 C)  
1% Low Fat White  
Fat Free White Milk

18

Lemon Muffin  
Yogurt Parfait Blueberry  
with Graham Crackers  
Banana (1/2 C)  
Pear (1/2 C)  
1% Low Fat White  
Fat Free White Milk

19

Cinnamon Chex Cereal w/  
Honey Grahams  
Pear (1/2 C)  
Apple (1/2 C)  
1% Low Fat White  
Fat Free White Milk

22

Cheerios Cereal w/ Honey  
Grahams  
Cinnamon Bar  
Orange (1/2 C)  
Apple (1/2 C)  
1% Low Fat White  
Fat Free White Milk

23

Vanilla Concha  
Orange (1/2 C)  
Pear (1/2 C)  
1% Low Fat White  
Fat Free White Milk

24

Yogurt w/ Honey  
Grahams  
100% Fruit Juice 4 oz  
Apple (1/2 C)  
1% Low Fat White  
Fat Free White Milk

25

Vanilla Muffin  
Egg & Cheese English  
Muffin Sandwich  
Banana (1/2 C)  
Pear (1/2 C)  
1% Low Fat White  
Fat Free White Milk

26

Conchita w/ String  
Cheese  
Pear (1/2 C)  
Apple (1/2 C)  
Fat Free White Milk  
1% Low Fat White

29

Cinnamon Crumble  
Orange (1/2 C)  
Apple (1/2 C)  
1% Low Fat White  
Fat Free White Milk

30

Vanilla Concha  
Orange (1/2 C)  
Pear (1/2 C)  
1% Low Fat White  
Fat Free White Milk

## Monday

1

## Tuesday

2

Spaghetti w/ Meat Sauce  
Baby Carrots (1/2 C)  
Orange (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

## Wednesday

3

Chicken Enchilada w/  
Salsa Verde  
Roasted Chickpeas  
Banana (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

## Thursday

4

Chicken Burrito Bowl w/  
Black Beans  
Cucumber Slices (1/4 C)  
w/ Tajin  
Apple (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

## Friday

5

Hot Dog  
Side Salad - Lettuce,  
Carrot, Tomato w/Ranch  
(1 C)  
Orange (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

8

Cheeseburger w/ Oven  
Baked Fries  
Baby Carrots (1/4 C)  
100% Fruit Juice 4 oz  
1% Low Fat White  
Fat Free Chocolate Milk

9

Chicken Bites w/ Mashed  
Potatoes  
Baby Carrots (1/2 C)  
Orange (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

10

Cheese Enchilada w/  
Salsa Verde  
Roasted Chickpeas  
Banana (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

11

Chicken Burrito Bowl w/  
Black Beans  
Celery Sticks (1/4 C)  
Apple (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk  
Wowbutter & Jelly  
Sandwich w/ Baby  
Carrots

12

Deep Dish Pepperoni  
Pizza  
Side Salad - Lettuce,  
Carrot, Tomato w/Ranch  
(1 C)  
Orange (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

15

Grilled Chicken Sandwich  
w/ Oven Baked Fries &  
BBQ Sauce  
Baby Carrots (1/4 C)  
100% Fruit Juice 4 oz  
1% Low Fat White  
Fat Free Chocolate Milk

16

Chicken Bites w/ Mashed  
Potatoes  
Baby Carrots (1/2 C)  
Orange (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

17

Chicken Teriyaki w/  
Yakisoba Noodles &  
Carrot-Cabbage Mix  
Roasted Chickpeas  
Banana (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

18

Turkey Nachos w/ Refried  
Beans & Tortilla Chips  
Cucumber Slices (1/4 C)  
w/ Tajin  
Apple (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

19

Deep Dish Pepperoni  
Pizza  
Side Salad - Lettuce,  
Carrot, Tomato w/Ranch  
(1 C)  
Orange (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

22

Hot Dog w/ Oven Baked  
Fries  
Baby Carrots (1/4 C)  
100% Fruit Juice 4 oz  
1% Low Fat White  
Fat Free Chocolate Milk

23

Spaghetti w/ Meat Sauce  
Baby Carrots (1/2 C)  
Orange (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

24

Chicken Enchilada w/  
Salsa Verde  
Roasted Chickpeas  
Banana (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

25

Chicken Burrito Bowl w/  
Black Beans  
Cucumber Slices (1/4 C)  
w/ Tajin  
Apple (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

26

Hamburger  
Side Salad - Lettuce,  
Carrot, Tomato w/Ranch  
(1 C)  
Orange (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

29

Cheeseburger w/ Oven  
Baked Fries  
Baby Carrots (1/4 C)  
100% Fruit Juice 4 oz  
1% Low Fat White  
Fat Free Chocolate Milk

30

Chicken Bites w/ Mashed  
Potatoes  
Baby Carrots (1/2 C)  
Orange (1/2 C)  
1% Low Fat White  
Fat Free Chocolate Milk

# April 2024

# SNACK

Monday

Tuesday

Wednesday

Thursday

Friday

1

Churro Poptillas  
100% Fruit Juice 6 oz

2

Cheese Stick  
Orange (3/4 Cup)

3

Apple Cinnamon Multi-  
Grain Bar  
Pear (3/4 Cup)

4

Giant Cinnamon Grahams  
100% Fruit Juice 6 oz

5

8

Strawberry Multi-Grain  
Bar  
Apple (3/4 Cup)

9

Wheat Crackers  
100% Fruit Juice 6 oz

10

BBQ Poptillas  
Orange (3/4 Cup)

11

Educational Snacks  
Pear (3/4 Cup)

12

Goldfish Cheddars  
100% Fruit Juice 6 oz

15

Goldfish Pretzels  
Apple (3/4 Cup)

16

Nacho Poptillas  
100% Fruit Juice 6 oz

17

Pizza Crackers  
Orange (3/4 Cup)

18

Educational Snacks  
Pear (3/4 Cup)

19

Honey Graham Crackers  
100% Fruit Juice 6 oz

22

Wheat Crackers w/ Seed  
Butter

23

Churro Poptillas  
100% Fruit Juice 6 oz

24

Cheese Stick  
Orange (3/4 Cup)

25

Apple Cinnamon Multi-  
Grain Bar  
Pear (3/4 Cup)

26

Giant Cinnamon Grahams  
100% Fruit Juice 6 oz

29

Strawberry Multi-Grain  
Bar  
Apple (3/4 Cup)

30

Wheat Crackers  
100% Fruit Juice 6 oz